

QUESTIONS TO ASK YOUR HEALTHCARE PROFESSIONAL

You can complete this checklist on your phone, tablet, or print it to bring to your appointment.

Which of the following applies to you? Select or check the box that fits best:

- ☐ I am 50 years or older
- ☐ I am 18 years of age or older and at increased risk of herpes zoster (HZ; shingles) due to immunodeficiency or immunosuppression caused by a known disease or therapy

Questions to ask:

- Should I be concerned about shingles?
- Select all that apply:

- | | |
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| ☐ Asthma | ☐ Immune-mediated and inflammatory disease (rheumatoid arthritis, inflammatory bowel disease, etc.) |
| ☐ Chronic kidney disease (CKD) | ☐ Cardiovascular disease |
| ☐ Chronic obstructive pulmonary disease (COPD) | ☐ HIV/AIDS |
| ☐ Diabetes | ☐ Cancer |

- When should I get vaccinated for shingles?
- Is vaccination with SHINGRIX right for me?
- How effective is SHINGRIX?
- What are the side effects of SHINGRIX?
- Can SHINGRIX be given at the same time as other vaccines?
- When and where can I get vaccinated with SHINGRIX?
- Do I need a prescription to get SHINGRIX?
- Do I need two doses of SHINGRIX?

Additional notes:

Use this space to write down any other questions or comments to discuss during your appointment.

Tips for talking to your healthcare professional:



Write your questions down ahead of time.



Share your complete medical history.



Make sure you understand all the information before making a decision.



Take notes during your appointment or ask for written materials.