

GlaxoSmithKline South Africa (Pty) Limited	Submission Date	31 August 2018	Type	Clinical
3TC Tablets and Oral Solution	Implementation Date	TBD	Category	SAFETY UPDATE
150 mg lamivudine/tablet	Approval Date	TBD	Reference	GDS14-21
10 mg lamivudine/1 ml oral solution				

CONFIDENTIAL

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2

CLEAN PROPOSED PACKAGE INSERT

3

3TC[®]

4

SCHEDULING STATUS:

6 S4

7

PROPRIETARY NAME AND DOSAGE FORM:

9 **3TC[®] TABLETS**

10 **3TC[®] ORAL SOLUTION**

11

COMPOSITION:

13 3TC TABLETS: Each film-coated tablet contains 150 mg lamivudine.

14 *Excipients:* Tablet core: magnesium stearate,
15 microcrystalline cellulose and sodium starch glycollate.

16 Film-coating: hydroxypropylmethyl cellulose, macrogol,
17 polysorbate 80 and titanium dioxide.

18 3TC ORAL SOLUTION: Each 1 ml contains 10 mg lamivudine.

19 Contains sugar (sucrose 20 % *m/v*).

20 *Excipients:* artificial banana flavour, artificial strawberry
21 flavour, citric acid anhydrous, methyl hydroxybenzoate
22 (0,15 % *m/v*), propyl hydroxybenzoate (0,018 % *m/v*),
23 propylene glycol, purified water, sodium citrate, sucrose.

24

PHARMACOLOGICAL CLASSIFICATION:

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26 A 20.2.8 Antiviral agents

27

28 **PHARMACOLOGICAL ACTION:**

29 **Pharmacodynamic properties:**

30 Lamivudine is a selective inhibitor of HIV-1 and HIV-2 replication *in vitro*. It is also active
31 against zidovudine-resistant clinical isolates of HIV.

32 Lamivudine is metabolised intracellularly to the 5'-triphosphate which has an intracellular
33 half-life of 16-19 hours. Lamivudine 5'-triphosphate is a weak inhibitor of the RNA and
34 DNA dependent activities of HIV reverse transcriptase, its mode of action is a chain
35 terminator of HIV reverse transcription.

36 Lamivudine does not interfere with cellular deoxynucleotide metabolism and has little
37 effect on mammalian cell and mitochondrial DNA content.

38 *In vitro*, lamivudine demonstrates low cytotoxicity to peripheral blood lymphocytes, to
39 established lymphocyte and monocyte-macrophage cell lines, and to a variety of bone
40 marrow progenitor cells *in vitro*.

41 Lamivudine-resistant variants of HIV-1 have been selected *in vitro*. Genotypic analysis
42 showed that the resistance was due to a specific amino acid substitution in the HIV-1
43 reverse transcriptase at codon 184 changing the methionine residue to either isoleucine
44 or valine. HIV-1 strains resistant to both lamivudine and zidovudine have been isolated
45 from patients.

46 Susceptibility of clinical isolates to lamivudine and zidovudine was monitored in
47 controlled clinical trials. In patients receiving lamivudine monotherapy or combination
48 therapy with lamivudine plus zidovudine, HIV-1 isolates from most patients became
49 phenotypically and genotypically resistant to lamivudine within 12 weeks. In some
50 patients harbouring zidovudine-resistant virus at baseline, phenotypic sensitivity to
51 zidovudine was restored by 12 weeks of treatment with lamivudine and zidovudine.

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52 Combination therapy with lamivudine plus zidovudine delayed the emergence of
53 mutations conferring resistance to zidovudine.

54 Lamivudine-resistant HIV-1 mutants were cross resistant to didanosine and zalcitabine.

55 In some patients treated with zidovudine plus didanosine or zalcitabine, isolates resistant
56 to multiple reverse transcriptase inhibitors, including lamivudine, have emerged.

57 Reduced *in vitro* sensitivity to lamivudine has been reported for HIV isolates from
58 patients who have received lamivudine therapy. Evidence from clinical studies show
59 that lamivudine plus zidovudine delays the emergence of zidovudine-resistant isolates in
60 individuals with no prior antiretroviral therapy.

61 The relationship between *in vitro* susceptibility of HIV to lamivudine and the clinical
62 response to therapy remain under investigation.

63

64 **Pharmacokinetic properties:**

65 ***Pharmacokinetics in adults:*** Lamivudine is well absorbed from the gastrointestinal tract
66 and the bioavailability of oral lamivudine in adults is normally between 80 % and 85 %.
67 Following oral administration, the mean time (T_{max}) to maximum serum concentration
68 (C_{max}) is about an hour. At therapeutic dose levels i.e. 4 mg/kg/day (as two 12-hourly
69 doses), C_{max} is in the order of 1-1,5 µg/ml.

70 From intravenous studies, the mean volume of distribution is 1,3 l/kg and the mean
71 terminal half-life of elimination is 5 to 7 hours. The mean systemic clearance of
72 lamivudine is approximately 0,32 l/kg/h, with predominantly renal clearance (> 70 %) via
73 active tubular secretion, but little (< 10 %) hepatic metabolism.

74 No dose adjustment is needed when co-administered with food as lamivudine
75 bioavailability is not altered, although a delay in T_{max} and reduction in C_{max} have been
76 observed.

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77 Administration of tablets is bioequivalent to oral solution with respect to AUC_{∞} and C_{max}
78 in adults.

79 Absorption differences have been observed between adult and paediatric populations
80 (see Pharmacokinetics in children).

81 Lamivudine exhibits linear pharmacokinetics over the therapeutic dose range and
82 displays limited binding to the major plasma protein albumin.

83 Lamivudine elimination will be affected by renal impairment, whether it is disease- or
84 age-related. A recommended dosage regimen for patients with creatinine clearance
85 below 50 ml/min is shown in the dosage section.

86 Co-administration of zidovudine results in a 13 % increase in zidovudine exposure and a
87 28 % increase in peak plasma levels. This is not considered to be of significance to
88 patient safety and therefore no dosage adjustments are necessary. The likelihood of
89 adverse drug interactions with lamivudine is low due to the limited metabolism and
90 plasma protein binding and almost complete renal clearance.

91 An interaction with trimethoprim, a constituent of co-trimoxazole, causes a 40 %
92 increase in lamivudine exposure at therapeutic doses. This does not require dose
93 adjustment unless the patient also has renal impairment. Administration of co-
94 trimoxazole with the 3TC/zidovudine combination in patients with renal impairment
95 should be carefully assessed.

96 Limited data shows lamivudine penetrates the central nervous system and reaches the
97 cerebrospinal fluid (CSF). The mean ratio CSF/serum lamivudine concentration 2-4
98 hours after oral administration was approximately 0,12. The true extent of penetration or
99 relationship with any clinical efficacy is unknown.

100 ***Pharmacokinetics in children:***

101 The absolute bioavailability of lamivudine (approximately 58-66 %) was lower and more
102 variable in paediatric patients below 12 years of age. In children, administration of

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103 tablets delivered higher plasma lamivudine AUC_{∞} and C_{max} than oral solution. Children
104 receiving lamivudine oral solution according to the recommended dosage regimen
105 achieve plasma lamivudine exposure within the range of values observed in adults.
106 Children receiving lamivudine oral tablets according to the recommended dosage
107 regimen achieve higher plasma lamivudine exposure than children receiving oral
108 solution because higher mg/kg doses were administered with the tablet formulation and
109 the tablet formulation has higher bioavailability (see DOSAGE AND DIRECTIONS FOR
110 USE). Paediatric pharmacokinetic studies with both oral solution and tablet formulations
111 have demonstrated that once daily dosing provides equivalent AUC_{0-24} to twice daily
112 dosing of the same total daily dose.
113 There are limited pharmacokinetic data for patients < 3 months of age. In neonates one
114 week of age, lamivudine oral clearance was reduced when compared to paediatric
115 patients and is likely due to immature renal function and variable absorption.

116 ***Pharmacokinetics in pregnancy:***

117 Following oral administration, lamivudine pharmacokinetics in late-pregnancy were
118 similar to non-pregnant adults. Administration of lamivudine in animal toxicity studies at
119 very high doses was not associated with any major organ toxicity. The clinically relevant
120 effects noted were a reduction in red blood cell count and neutropenia. Lamivudine was
121 not mutagenic in bacterial tests but, like many nucleoside analogues, showed activity in
122 an *in vitro* cytogenic assay. Lamivudine was not genotoxic *in vivo* at doses that gave
123 plasma concentrations around 30-40 times higher than the anticipated clinical plasma
124 levels. As the *in vitro* mutagenic activity of lamivudine could not be confirmed in *in vivo*
125 tests it is concluded that 3TC should not represent a genotoxic hazard to patients
126 undergoing treatment. There is as yet no information on the tumorigenic risk in animals,
127 and therefore any potential risk to man must be balanced against the expected benefits
128 of treatment.

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130 **INDICATIONS:**

131 3TC in combination with zidovudine is indicated in the treatment of:

- 132 • HIV infected adults with progressive immunodeficiency (CD4 count < 500
- 133 cells/mm³) who have no prior antiretroviral therapy.
- 134 • HIV infected adults with progressive immunodeficiency who have been
- 135 previously treated with zidovudine.

136 3TC is indicated as part of antiretroviral combination therapy for the treatment of HIV
137 infected children.

138

139 **CONTRA-INDICATIONS:**

140 The use of 3TC is contra-indicated in patients with a known hypersensitivity to
141 lamivudine or to any ingredients of 3TC.

142

143 **WARNINGS AND SPECIAL PRECAUTIONS:**

144 3TC should not be used as monotherapy.

145 **Lactic acidosis/hyperlactataemia:**

146 Use of 3TC can result in potentially fatal lactic acidosis as a consequence of
147 mitochondrial dysfunction.

148 Clinical features are non-specific, and include nausea, vomiting, abdominal pain,
149 dyspnoea, fatigue and weight loss.

150 In patients with suspicious symptoms or biochemistry, measure the venous lactate level
151 (normal < 2 mmol/l) and the serum bicarbonate and respond as follows:

- 152 • Lactate 2-5 mmol/l with minimum symptoms: switch to agents that are less likely
- 153 to cause lactic acidosis.
- 154 • Lactate 5-10 mmol/l with symptoms and/or with reduced standard bicarbonate:

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155 Stop NRTIs and change treatment option. Once lactate has settled, use
 156 medicines that are less likely to cause lactic acidosis. Exclude other causes,
 157 (e.g. sepsis, uraemia, diabetic ketoacidosis, thyrotoxicosis and hyperthyroidism).

- 158 • Lactate > 10 mmol/l: STOP all therapy (80 % mortality).

159 The above lactate values may not be applicable to paediatric patients.

160 Caution should be exercised when administering 3TC to patients with known risk factors
 161 for liver disease. Treatment with 3TC should be suspended in any patient who develops
 162 clinical or laboratory findings suggestive of lactic acidosis or hepatotoxicity.

163

164 **Mitochondrial dysfunction:** Nucleoside and nucleotide analogues have been
 165 demonstrated *in vitro* and *in vivo* to cause a variable degree of mitochondrial damage.
 166 There have been reports of mitochondrial dysfunction in HIV negative infants exposed *in*
 167 *utero* and/or post-natally to nucleoside analogues. Apart from lactic
 168 acidosis/hyperlactataemia (see above) other manifestations of mitochondrial dysfunction
 169 include haematological disorders (anaemia, neutropenia), and peripheral neuropathy.
 170 Some late-onset neurological disorders have been reported (hypertonia, convulsion,
 171 abnormal behaviour). It is not known whether these neurological disorders are transient
 172 or permanent. Any foetus exposed *in utero* to nucleoside and nucleotide analogues,
 173 even HIV negative infants/children, should have clinical and laboratory follow-up and
 174 should be fully investigated for possible mitochondrial dysfunction in case of relevant
 175 sign and symptoms.

176

177 **Fat redistribution:** Redistribution/accumulation of body fat, including central obesity,
 178 dorsocervical fat enlargement (buffalo hump), peripheral wasting, facial wasting, breast
 179 enlargement, elevated serum lipid and glucose levels have been observed either

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180 separately or together in some patients receiving combination antiretroviral therapy (see
181 SIDE EFFECTS).

182 In addition, the lipodystrophy syndrome has a multi-factorial aetiology; with for example
183 HIV disease status, older age and duration of antiretroviral treatment all playing
184 important, possibly synergistic roles.

185 The long-term consequences of these events are currently unknown.

186 Clinical examination should include evaluation for physical signs of fat redistribution.

187 Consideration should be given to the measurement of serum lipids and blood glucose.

188 Lipid disorders should be managed as clinically appropriate.

189

190 **Osteonecrosis:** Although the aetiology is considered to be multifactorial (including
191 corticosteroid use, alcohol consumption, severe immunosuppression, higher body mass
192 index), cases of osteonecrosis have been reported, particularly in patients with
193 advanced HIV-disease and/or long-term exposure to combination antiretroviral therapy
194 (cART). Patients should be advised to seek medical advice if they experience joint
195 aches and pain, joint stiffness or difficulty in movement.

196

197 **Renal impairment:** In patients with moderate to severe renal impairment, the terminal
198 half-life of 3TC is increased due to decreased clearance. The dose of 3TC should
199 therefore be adjusted (see DOSAGE AND DIRECTIONS FOR USE).

200

201 **Liver disease:** Use of 3TC can result in hepatomegaly due to non-alcoholic fatty liver
202 disease (hepatic steatosis). The safety and efficacy of 3TC has not been established in
203 patients with significant underlying liver disorders/diseases. In case of concomitant
204 antiviral therapy for hepatitis B or C, please also consult the relevant package inserts for
205 these medicines.

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206 Patients with pre-existing liver dysfunction including chronic active hepatitis have an
207 increased frequency of liver function abnormalities during combination antiretroviral
208 therapy and should be monitored. If there is evidence of worsening liver disease in such
209 patients, temporary or permanent discontinuation of treatment must be considered.

210

211 **Immune Reconstitution Syndrome:** In HIV-infected patients with severe immune
212 deficiency at the time of initiation of antiretroviral therapy (ART), an inflammatory
213 reaction to asymptomatic or residual opportunistic infections may arise and cause
214 serious clinical conditions, or aggravation of symptoms. Typically, such reactions have
215 been observed within the first few weeks or months of initiation of ART. Relevant
216 examples are tuberculosis, cytomegalovirus retinitis, cryptococcal meningitis,
217 generalised and/or focal mycobacterial infections and *Pneumocystis jiroveci* (*P. carinii*)
218 pneumonia. Any inflammatory symptoms must be evaluated without delay and treatment
219 initiated when necessary. Auto-immune disorders (such as Graves' disease,
220 polymyositis and Guillain-Barre syndrome) have also been reported to occur in the
221 setting of immune reconstitution, however the time to onset is more variable, and can
222 occur many months after initiation of treatment and sometimes can be with atypical
223 presentation.

224

225 **Pancreatitis:** Pancreatitis has been observed in patients receiving 3TC. However, it is
226 unclear whether this was due to the medicine treatment or to underlying HIV disease.
227 Pancreatitis must be considered whenever a patient develops abdominal pain, nausea,
228 vomiting or elevated biochemical markers. Discontinue use of 3TC until diagnosis of
229 pancreatitis is excluded.

230

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231 **Opportunistic infections:** Patients receiving 3TC or any other antiretroviral therapy
232 may continue to develop opportunistic infections and other complications of HIV
233 infection, and therefore they should remain under close observation by physicians
234 experienced in the treatment of patients with associated HIV disease. Regular
235 monitoring of viral load and CD4 counts needs to be done.

236

237 **The risk of HIV-transmission to others:** Patients should be advised that antiretroviral
238 therapy, including 3TC, has not been shown to prevent the risk of transmission of HIV to
239 others through sexual contact or blood contamination. Appropriate precautions should
240 continue to be employed.

241

242 **Patients with HIV and hepatitis B or C co-infection:** Patients with chronic hepatitis B
243 or C and treated with antiretroviral therapy are at an increased risk for severe and
244 potentially fatal hepatic adverse reactions. Medical practitioners should refer to current
245 HIV treatment guidelines for the optimal management of HIV infection in patients co-
246 infected with hepatitis B virus (HBV).

247 In case of concomitant antiviral therapy for hepatitis B or C, please refer also to the
248 relevant package inserts for these medicines.

249 Patients co-infected with HIV and HBV who discontinue 3TC should be closely
250 monitored with both clinical and laboratory follow-up after stopping treatment. In patients
251 with advanced liver disease or cirrhosis, treatment discontinuation is not recommended
252 since post-treatment exacerbation of hepatitis may lead to hepatic decompensation.

253 Discontinuation of 3TC therapy in patients co-infected with HIV and HBV may be
254 associated with severe, acute exacerbations of hepatitis.

255

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256 **Special patient population: Children:** Children who at anytime received lamivudine oral
257 solution concomitantly with other antiretroviral oral solutions in clinical trials experienced
258 lower rates of virological suppression, had lower plasma lamivudine exposure and
259 developed viral resistance more frequently than children receiving tablets (see
260 Pharmacokinetic properties).

261 3TC ORAL SOLUTION given concomitantly with other antiretroviral oral solutions should
262 be used for the treatment of HIV infection only when the benefits of treatment outweigh
263 possible risks including lower virological suppression.

264

265 **Effects on ability to drive and use machines:** No adverse effects regarding the
266 patient's ability to drive or operate machinery have been observed.

267

268 **Oral Solution:** Contains sucrose which may have an effect on the glycaemic control of
269 patients with diabetes mellitus. Patients with the rare hereditary conditions such as
270 fructose intolerance, glucose-galactose mal-absorption or sucrase-isomaltase
271 insufficiency should not take 3TC ORAL SOLUTION.

272

273 **INTERACTIONS:**

274 The likelihood of interactions is low due to the limited metabolism and plasma protein
275 binding and almost complete renal clearance.

276 3TC is predominantly eliminated by active organic cationic secretion. The possibility of
277 interactions with other medicines administered concurrently should be considered,
278 particularly when their main route of elimination is active renal secretion via the organic
279 transport system e.g. trimethoprim. Other active substances (e.g. ranitidine, cimetidine)
280 are eliminated only in part by the mechanism and were shown not to interact with
281 lamivudine.

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282 *Zidovudine*: A modest increase in C_{max} (28 %) was observed for zidovudine when
 283 administered with lamivudine, however overall exposure (AUC) was not significantly
 284 altered when co-administered with 3TC. Zidovudine has no effect on the
 285 pharmacokinetics of lamivudine.

286 *Zalcitabine*: 3TC may inhibit the intracellular phosphorylation of zalcitabine when the two
 287 medicines are used concurrently. 3TC is therefore not recommended to be used in
 288 combination with zalcitabine.

289 *Trimethoprim/sulphamethoxazole*: Administration of trimethoprim/sulphamethoxazole
 290 160 mg/800 mg (co-trimoxazole) causes a 40 % increase in 3TC exposure because of
 291 the trimethoprim component. However, unless the patient has renal impairment, no
 292 dosage adjustment of 3TC is necessary (see DOSAGE AND DIRECTIONS FOR USE).
 293 3TC has no effect on the pharmacokinetics of co-trimoxazole. The effect of co-
 294 administration of 3TC with higher doses of co-trimoxazole for the treatment of
 295 *Pneumocystis carinii* pneumonia and toxoplasmosis has not been studied.

296 *Emtricitabine*: Lamivudine may inhibit the intracellular phosphorylation of emtricitabine
 297 when the two medicines are used concurrently. Additionally, the mechanism of viral
 298 resistance for both lamivudine and emtricitabine is mediated via mutation of the same
 299 viral reverse transcriptase gene (M184V) and therefore the therapeutic efficacy of these
 300 medicines in combination therapy may be limited. 3TC is not recommended for use in
 301 combination with emtricitabine.

302

303 **PREGNANCY AND LACTATION:**

304 **Pregnancy:** There are no adequate and well-controlled trials in pregnant women and
 305 the safe use of lamivudine in human pregnancy has not been established.

306 Consistent with passive transmission of the medicine across the placenta, lamivudine
 307 concentrations in infant serum at birth were similar to those in maternal and cord serum

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308 at delivery. Reproductive studies in animals have not shown evidence of teratogenicity,
309 and showed no effect on male or female fertility. There was some evidence of early
310 embryoletality when administered to pregnant rabbits at exposure levels comparable to
311 those achieved in information on placental transfer in humans.

312 There have been reports of mild and transient elevations in serum lactate levels, which
313 may be due to mitochondrial dysfunction, in neonates and infants exposed *in utero* or
314 peri-partum to nucleoside reverse transcriptase inhibitors (NRTIs). The clinical relevance
315 of elevations in serum lactate is unknown. There have also been reports of
316 developmental delay, seizures and other neurological disease. However, a causal
317 relationship between these events and 3TC exposure *in utero* or peri-partum has not
318 been established.

319 **Lactation:** A study in lactating rats showed that, following oral administration,
320 lamivudine was excreted in breast milk. Lamivudine is excreted in human breast milk at
321 similar concentrations to those found in serum. Since the medicine may pass into breast
322 milk, mothers taking 3TC should not breastfeed their infants.

323

324 **DOSAGE AND DIRECTIONS FOR USE:**

325 3TC can be taken with food or without food.

326 To ensure administration of the entire dose, the tablet(s) should ideally be swallowed
327 without crushing. Alternatively, the tablets may be crushed and added to a small amount
328 of semi-solid food or liquid, all of which should be consumed immediately.

329 The package insert for zidovudine must be consulted for information on its dosage and
330 administration.

331 **Adults, adolescents and children weighing at least 25 kg:**

332 ***Oral solution:***

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333 The recommended dose of lamivudine is 300 mg (30 ml) daily. This may be
334 administered as 300 mg (30 ml) once daily or 150 mg (15 ml) twice daily.

335 **Tablets:**

336 The recommended dose of lamivudine is 300 mg daily. This may be administered as
337 either 300 mg (two 150 mg tablets), once daily or 150 mg (one 150 mg tablet) twice
338 daily.

339 **Children**

340 **Children < 3 months of age:**

341 The limited data available are insufficient to propose specific dosage recommendations
342 (see Pharmacokinetic properties).

343 **Oral Solution:**

344 **For Children aged \geq 3 months and weighing less than 25 kg:**

345 The recommended dose is 4 mg/kg twice daily or 8 mg/kg once daily up to a maximum
346 of 300 mg daily.

347 See WARNINGS AND SPECIAL PRECAUTIONS.

348 **Tablets:**

349 **Children weighing between 14 kg to < 20 kg:**

350 The recommended total daily dose of lamivudine is 150 mg. This may be administered
351 as either one-half of a scored tablet twice daily or one whole tablet once daily.

352 **Children weighing \geq 20 kg to < 25 kg:**

353 The recommended total daily dose of lamivudine is 225 mg. This may be administered
354 as either one-half of a scored tablet in the morning and one whole tablet in the evening,
355 or one and a half scored tablets once daily.

356 **Children weighing at least 25 kg:**

357 The adult dosage of 150 mg twice daily or 300 mg once daily should be taken.

358

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359 **Renal Impairment:**

360 Lamivudine concentrations are increased in patients with moderate to severe renal
361 impairment due to decreased clearance. The doses should therefore be reduced for
362 patients with a creatinine clearance of less than 50 ml/min as shown in the table below.

363 The same percentage reduction in dose applies for paediatric patients with renal
364 impairment.

365 When doses below 150 mg are needed the use of the oral solution is recommended.

366 **Adults, adolescents and children weighing at least 25 kg:**

Creatinine Clearance (ml/min)	Recommended dose of 3TC
≥ 50	150 mg twice daily
30-49	150 mg once daily
15-29	150 mg first dose, then 100 mg once daily
5-14	150 mg first dose, then 50 mg once daily
< 5	50 mg first dose, then 25 mg once daily

367 **Children ≥ 3 months and weighing less than 25 kg:**

Creatinine Clearance (ml/min)	Recommended dose of 3TC
≥ 50	4 mg/kg first dose, then 4 mg/kg twice daily
30-49	4 mg/kg first dose, then 4 mg/kg once daily
15-29	4 mg/kg first dose, then 2,6 mg/kg once daily
5-14	4 mg/kg first dose, then 1,3 mg/kg once daily
< 5	1,3 mg/kg first dose, then 0,7 mg/kg once daily

368

369 **Hepatic Impairment:**

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370 No dose adjustment is necessary in patients with moderate or severe hepatic
371 impairment unless accompanied by renal impairment.

372

373 **SIDE EFFECTS:**

374 The following events have been reported during therapy for HIV disease with 3TC alone
375 and in combination with zidovudine.

376 The following convention has been utilised for the classification of undesirable effects:

377 Very common ($\geq 1/10$), common ($\geq 1/100$, $< 1/10$), uncommon ($\geq 1/1\ 000$, $< 1/100$), rare
378 ($\geq 1/10\ 000$, $< 1/1\ 000$), very rare ($< 1/10\ 000$).

379 ***Blood and lymphatic system disorders:***

380 Uncommon: neutropenia, anaemia, thrombocytopenia

381 Very rare: pure red cell aplasia

382 ***Metabolism and nutrition disorders:***

383 Common: hyperlactataemia

384 Rare: lactic acidosis (see WARNINGS AND SPECIAL PRECAUTIONS).

385 Lipodystrophy (redistribution/accumulation of body fat (see WARNINGS AND SPECIAL
386 PRECAUTIONS)).

387 ***Nervous system disorders:***

388 Common: headache

389 Very rare: paraesthesia, peripheral neuropathy

390 ***Gastrointestinal disorders:***

391 Common: nausea, vomiting, upper abdominal pain, diarrhoea

392 Rare: pancreatitis, rises in serum amylase

393 ***Hepatobiliary disorders:***

394 Uncommon: transient rises in liver enzymes (AST, ALT)

395 ***Skin and subcutaneous tissue disorders:***

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396 Common: rash, alopecia

397 ***Musculoskeletal and connective tissue disorders:***

398 Common: arthralgia, muscle disorders

399 Rare: rhabdomyolysis

400 ***General disorders and administration site conditions:***

401 Common: fatigue, malaise, fever.

402

403 **KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:**

404 No specific signs or symptoms have been identified.

405 If overdosage occurs, the patient should be monitored, and standard supportive
406 treatment applied as required. Since lamivudine is dialysable, continuous haemodialysis
407 could be used in the treatment of overdosage, although this has not been studied.

408

409 **IDENTIFICATION:**

410 3TC TABLETS:

411 White film-coated, diamond shaped scored tablets engraved 'GXCJ7' on both faces.

412 3TC ORAL SOLUTION:

413 A clear, colourless to pale yellow solution with the odour of fruit.

414

415 **PRESENTATION:**

416 3TC TABLETS are supplied in cartons containing 60 tablets in a white high density
417 polyethylene (HDPE) bottle, with a child-resistant cap.

418 3TC ORAL SOLUTION is supplied in cartons containing a white polyethylene bottle, with
419 a child-resistant cap and dosing device. The bottle contains 240 ml (10 mg/ml) of
420 lamivudine solution for oral use only.

421

GlaxoSmithKline South Africa (Pty) Limited	Submission Date	31 August 2018	Type	Clinical
3TC Tablets and Oral Solution	Implementation Date	TBD	Category	SAFETY UPDATE
150 mg lamivudine/tablet 10 mg lamivudine/1 ml oral solution	Approval Date	TBD	Reference	GDS14-21

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422 **STORAGE INSTRUCTIONS:**

423 3TC TABLETS: Store at or below 30 °C.

424 3TC ORAL SOLUTION: Store at or below 25 °C.

425 Discard oral solution one month after first opening.

426 Keep out of reach of children.

427

428 **REGISTRATION NUMBER:**

429 3TC TABLETS: 30/20.2.8/0366

430 3TC ORAL SOLUTION: 30/20.2.8/0367

431

432 **NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF**

433 **REGISTRATION:**

434 GlaxoSmithKline South Africa (Pty) Ltd

435 39 Hawkins Avenue

436 Epping Industria 1, 7460

437

438 **DATE OF PUBLICATION OF THE PACKAGE INSERT:**

439 **Date of registration:**

440 3TC TABLETS: 13 June 1996

441 3TC ORAL SOLUTION: 13 June 1996

442 **Date of most recent revision:**

443 29 June 2018

444

GDS21

445

GlaxoSmithKline South Africa (Pty) Limited	Submission Date	31 August 2018	Type	Clinical
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446

447 History:

448 Amended: 11 August 2003, APPROVED: 05/09/2003 Registration of 300 mg tablet
449 Amended: May 2003 Address change to Bryanston (Notification)
450 Amended: 04 November 2003 (To include the preferential access pack; correct
451 presentation of 150 mg to comply with Ann 8, correction of preservatives to comply with
452 Ann 2) – permitted amendment.
453 Amended: 21 May 2005 (Access Pack tablet colour change) Resubmitted: 17 January
454 2005 as per MCC request.
455 Amended: 07 June 2004 (In-line with GCT versions 5 – 8); 12 May 2005 (Response to
456 CC Recommendations 04/03/05); 02 September 2005 (In-line with CC
457 Recommendations 19/08/2005)
458 Amended: 28 January 2008 (Change in tablet identification) – immediate implementation
459 Amended: 26 May 2008 (Inclusion of paediatric dosing + safety update: GDS versions 9
460 to 13)
461 Amended: 09 October 2008 (response to CCC recommendations 04/09/02) – compliant.
462 Approved 17/04/2009
463 Amended: 19 April 2011 (Applicant address change)
464 GDS14 & 15: Submitted 10.02.2011
465 Notification of Regulation 9 & 10 implementation: Submitted 05 November 2015
466 GDS14-21: Resubmission of 14-15, including new safety: 12 November 2015, CCCR
467 dated 23.06.2016.
468 GSK response: 06.10.2016, CCCR dated 23.06.2017
469 GSK response: 08.08.2017, Approved: 29.06.2018
470