

Don't let the rain beat you to your game...

COLD vs. ALLERGIES vs. COVID-19

SYMPTOMS	COLD	ALLERGIES	COVID-19** (can range from mild to serious)
Onset of symptoms	Gradual	Varies	2-14 days
Fever	Rare	Never	Common
Headache	Rare	Uncommon	Can be present
General Aches, Pain	Slight	Never	Can be present
Fatigue, Weakness	Mild	Sometimes	Can be present
Extreme Exhaustion	Never	Never	Can be present
Stuffy/ Runny Nose	Common	Common	Has been reported
Sneezing	Usual	Usual	Has been reported
Sore Throat	Common	Sometimes	Has been reported
Cough	Mild to moderate	Sometimes	Common
Shortness of Breath	Rare	Rare, except for those with allergic asthma	In more serious infections

Help your patients beat allergies this season and always.